

La Finca Competitive Futsal — Powered by RoLin

Winter 2026–27

Big news for our U10 & U11 players — La Finca is teaming up with two outstanding local trainers to bring **competitive futsal** to LFFC this winter, with a few spots open for invited guests too.

What is Futsal?

Not just "indoor soccer" — futsal (*futbol de salón*) is a fast, skill-intensive 5v5 game played on a hard court with a smaller, heavier ball. Born in Montevideo in the 1930s, it's now a professional sport worldwide — and nearly every elite soccer player, from Ronaldinho on down, grew up playing it. It demands elite ball control, and the US is finally catching up, with youth leagues and national championships popping up in cities everywhere.

Why It Matters

If you're serious about your soccer development, futsal isn't optional — it's essential. This is your chance to train the way the world's best do.

Who's Eligible

- U10 (2016/2017 birth years)
- U11 (2015/2016 birth years)

Where & When

RoLin — 3974 NY-9G, Red Hook, NY. RoLin offers real futsal courts.
Wednesdays & Thursdays, 5:00–6:30 PM

- **November:** 11, 12, 18, 19
- **December:** 2, 3, 9, 10, 16, 17 (*replacing previously scheduled PRIME sessions*)

Cost

Already signed up for La Finca winter training? Your total add-on cost is just **\$100** — covering all 4 additional November dates. December sessions replace existing PRIME training at no extra charge.

The COACHES

Craig "Hawk" Canavan is a highly accomplished futsal coach, administrator, and talent evaluator, widely recognized as a leading figure in the American youth futsal ecosystem. He serves as a member of the U.S. Youth Futsal (USYF) National Coaching Staff and holds the role of USYF State Director for New York, where he oversees regional talent identification and elite player development.

Known affectionately in the soccer and futsal community as "Coach Hawk"—a nickname bestowed by USYF Technical Director Keith Tozer for his lightning-quick defensive tenacity—Canavan has spent over a decade developing elite youth talent. His coaching resume includes winning four USYF National Championships, four USYF Northeast Regional Championships, a USA World Championship, and two U.S. Futsal Cups.

At the international level, Canavan frequently leads USYF youth national selection teams on competitive tours across Europe and Latin America, including high-profile tournaments in Spain, Portugal, and Costa Rica. Notably, he coached the 2013 USYF International Boys team to a historic championship victory at the Copa Foz do Iguaçu in Brazil.

Domestically, Canavan has lent his leadership to prominent regional programs including Gold Star Futsal and FC Malaga City New York. Under his stewardship, local club rosters have systematically advanced more than a dozen athletes into the official U.S. Youth National Team pools. Renowned for teaching maximum ball control, rapid transitional play, and strict technical composure under pressure, Canavan remains at the forefront of expanding futsal's footprint as a vital pipeline for American soccer development.

Kate Hofstede is the former Head Women's Soccer Coach at Bard College, having from March 2021 - 2025. Under her leadership, the Raptors improved steadily across wins, shot statistics, and goals per game, while consistently placing 9+ players on the Liberty League All-Academic Team each year.

Highlights of her tenure include the program's first Liberty League shutout in program history (2023, vs. Vassar) and Bard earning the United Soccer Coaches' Gold Award for ethics and sportsmanship (2022, one of just 11 nationwide). She has coached multiple All-Liberty League honorees, including Felicia Flores, who went on to play professionally for the Hudson Valley Crusaders. Hofstede also trains Mahlia Slaiby, a member of the Lebanese Futsal National Team, and has led community initiatives such as Miles of Hope and Morgan's Message awareness games.

Before Bard, Hofstede spent six seasons (2011–17) as Head Coach at Marist College, where she was named MAAC Coach of the Year (2011) and guided the team to a program-record 15 wins and five MAAC Tournament appearances.

A former Division I player and coach, Hofstede holds a USSF 'A' Coaching License and earned her B.A. in Sociology and Education (2005) and M.A. in Physical Education (2011), both from Columbia University. She is currently an ID scout for the U.S. Youth National Program in the East Region and for the US Women's National Team.

Hofstede lives with her husband, Jeroen, and their three children, Peter, Victoria, and Xavi.